Our work and mission locations require First Aid Kit(s) and include the following items as a minimum

Restock and check expiry dates on a regular basis and at least annually and / or after use

**Congregation:** **Kit Location:**

| **Item** | **Number** | **Tick Items checked -replace as required** |
| --- | --- | --- |
| **March** | **June** | **Sept** | **Dec** |
| **Instructions for providing first aid** - including cardio-pulmonary resuscitation **(CPR)** flow chart | 1 |  |  |  |  |
| **Resuscitation mask (Laerdal) -** qualified personnel for resuscitation | 1 |  |  |  |  |
| **Adhesive strips** (assorted sizes) - minor wound dressing- Box 50 | 1 |  |  |  |  |
| **Splinter probes** (single use, disposable) | 5 |  |  |  |  |
| **Non-allergenic adhesive tape** - securing dressings and strapping | 1 |  |  |  |  |
| **Eye pads -** emergency eye cover  | 2 |  |  |  |  |
| **Triangular bandage** - slings, support and/or padding  | 1 |  |  |  |  |
| **Hospital crepe or conforming bandage -** hold dressings in place  | 2 |  |  |  |  |
| **Wound/combine dressings-** control bleeding and covering wounds  | 6 |  |  |  |  |
| **Non-adhesive dressings-** wound dressing  | 6 |  |  |  |  |
| **Safety pins -** secure bandages and slings  | 5 |  |  |  |  |
| **Scissors (blunt/short-nosed -** cutting dressings or clothing | 1 |  |  |  |  |
| **Kidney dish -** holding dressings, instruments  | 1 |  |  |  |  |
| **Gauze squares -** cleaning wounds – Pack 10 | 1 |  |  |  |  |
| **Forceps/tweezers (disposable) -** removing foreign bodies | 1 |  |  |  |  |
| **Disposable nitrile, latex or vinyl gloves -** infection control  | 2 |  |  |  |  |
| **Sharps disposal container -** infection control and disposal purposes | 1 |  |  |  |  |
| **Sterile saline solution or sterile water (10ml) -** emergency eye wash or irrigating eye wounds. Discard after opening | 5 |  |  |  |  |
| **Antiseptic swabs (packs 10) -** cleaning wounds and skin -check allergies first | 5 |  |  |  |  |
| **Plastic bags -**waste disposal  | 2 |  |  |  |  |
| **Disposable ice-pack -** strains, sprains and bruises  | 1 |  |  |  |  |
| **Sting relief** cream, gel or spray and heavy duty crepe bandage -insect / plant stings or snake bites | 1 |  |  |  |  |
| **Note pad and pen/pencil -**recording the injured or ill person’s condition and treatment given | 1 |  |  |  |  |
| **Initial Person doing check/Date** |  |  |  |  |  |